

August 2011 newsletter

We hope you have had a healthy and enjoyable summer. Fall is approaching and it is not too early to start planning now for those treatments you will need to look your best for the upcoming holidays.

What's new

We are pleased to announce the addition of physician Dr. Kelly J. Stankiewicz to our practice as of September 1, 2011. Dr. Stankiewicz did her undergraduate studies at the University of Michigan with a major in Chemistry, and attended medical school at Indiana University. Her dermatology residency was done at Dartmouth-Hitchcock Medical Center, (Dartmouth Medical School). She completed her fellowship at Massachusetts General Hospital (Harvard Medical School, Boston MA) Dr. Stankiewicz is happy to be back in the Midwest with her fiancé. She enjoys traveling and spending time with friends and family all over the world. She will be seeing dermatology patients of all ages and says her doctoring style is centered on patient education. We are thrilled to have her join us!

Are you familiar with Belleza Club Rewards Program?

We value each and every patient and that is why we created the Club Rewards Program through our medical spa, Belleza. With this program you will earn points for spa treatments, product purchases and referrals. With the accumulation of points you will receive gift cards for Belleza services. You are automatically enrolled by becoming a client of Belleza Skin Care Institute, our medical spa, or by making a product purchase. Become a fan of our Facebook page so you can watch for double point opportunities throughout the year. For more information call Jill at 630 547 8040.

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our physicians



Ashish Bhatia, M.D.



Ashish Bhatia, M.D.

Mark your calendars

November 11th

Botox Beauty Day!

“Like” us on Facebook for updated information and call to reserve your spot.

630 547 5040

Limited appointments available.

beauty notes

Everyone's talking about CoolSculpting

We have had CoolSculpting, the non-surgical procedure for reducing stubborn fat for about 5 months now. Returning patients are seeing visible results. Many patients are so happy with the results they are coming back for additional treatments. Give us a call and see if CoolSculpting is right for you.

Aesthetician's choice : Belleza Skin Care products

The Belleza Skin Care line offers specialty products that target specific conditions including acne, brown spots, melasma, and aging. All active ingredients are pharmaceutical grade. Our providers will be happy to work with you to find the right products to perfect and protect your skin. For a free consultation call 630 547 8040.



Enjoy clearer skin with Acleara Acne Therapy

Acleara is a breakthrough acne treatment that combines a gentle vacuum with pulses of specially filtered light to help clear your pores and treat acne outbreaks. Acleara is easily tolerated and clears the pores of oil, dead skin cells, and bacteria, leaving skin feeling drier, less oily, and fresher. Current acne outbreaks begin to clear in two days. Normal activities can be resumed immediately. Call us at 630 547 8040 to see if Acleara is right for you.

Did you know?

Congratulations!

Dr. Ashish Bhatia was awarded the Contributory Service Faculty Teacher of the Year Award from Northwestern University, Feinberg School of Medicine, Department of Dermatology. Dr. Bhatia has been an assistant professor of clinical dermatology at Northwestern for 7 years and teaches cutaneous oncology, facial reconstruction, laser physics, cosmetic surgery, anatomy, fillers, Botox and surgical board review. Congratulations Dr. Bhatia!

What are AK's or Actinic Keratoses?

Actinic keratoses are UV light induced lesions of the skin that occur on areas repeatedly exposed to the sun such as the back, chest and legs. In the U.S, actinic keratoses represent the second most frequent reason for patients to visit a dermatologist. An actinic keratosis may follow one of three paths; it may regress, it may persist unchanged, or it may progress to an invasive skin cancer called a squamous cell carcinoma. Actinic keratoses begin as small rough patches that are easier felt than seen, often described as similar to rubbing sandpaper. With time the lesions enlarge usually becoming red and scaly. Treatment consists of two broad categories; surgical destruction and medical therapy. The appropriate treatment is chosen normally based on the number of lesions present and the efficacy of the treatment. Additional variables such as patient age, history of skin cancer, and tolerability of the treatment choice are taken into consideration. To avoid these lesions common sense sun safety should be practiced such as using a broad spectrum sunscreen, SPF 50, limiting outdoor activity during the peak sun hours of 10:00-3:00, and wearing protective clothing.

- According to the June issue of Skin & Allergy News, the counties that have at least two dermatologists per 100,000 people have lower mortality rates of melanoma compared with counties with fewer dermatologists.
- That half of all skin cancers identified were found incidentally and were not the reason the patient had come to the dermatologist. This fact was also reported in the same issue of Skin and Allergy News.

Our Doctors and Staff

Out and about

June 13th Dr. Bhatia and staff participated in the American Academy of Dermatology's Play Sun Smart skin cancer screening with the Chicago Cubs for the Cubs front office staff.

June 29th Dr. Bhatia and Dr. Hsu and staff did part two of the Cubs screening, this time for the players and grounds crew.

July 21st Another successful Girls Night Out event was held at our office. Demos, information, questions and answers about Thermage, CoolSculpt, products and makeup techniques were done by our aestheticians. Goody bags and refreshments were provided. Thanks to all who attended this annual event.

July 26st Dr. Bhatia, Dr. Hsu and staff participate in the American Academy of Dermatology's Play Sun Smart skin cancer screening program with the White Sox.

August 4th-7th Dr. Bhatia and Dr. Hsu will be attending the American Academy of Dermatology 2011 Summer Meeting – New York, NY.

August Physician Assistant, Chris Arico will again be a guest lecturer for Rosalind Franklin's PA class for their Dermatology lectures. Chris will speak on different topics related to general dermatology.

September 9th-11th ASDS Art & Science of Fillers and Injectables Course-Chicago, IL. Dr. Bhatia and Dr. Hsu are the co-directors and lecturers—purpose of this course is to teach other physicians the latest advances in dermal fillers and injectables and the appropriate techniques for their use in patient care.

September 30th-October 2nd Dr. Bhatia and Dr. Hsu are co-directors at the Society of Aesthetic Injectors 2011 Meeting – a clinical education and training meeting for aesthetic injectors supporting the health professional's knowledge of skillfully evaluating cosmetic patients.

October 23rd Dr. Bhatia will be speaking at the American Academy of Ophthalmology on the topic of Aesthetic Practice and New Technologies.

November 3rd-6th Dr. Hsu will be a moderator for the lecture "Core Curriculum in Cosmetic Dermatologic Surgery-Veins" at the American Society of Dermatologic Surgeons 2011 Annual Meeting, Washington, D.C.

meet our staff



Dawn Pieczynski

Dawn has worked for The Dermatology Institute for 2 years as part of our front desk staff. She is mom to three boys ages 15, 13, and 11. Her spare time is mostly spent at the many sporting events her children participate in including soccer, baseball and basketball.



Kristin Galis

A member of Dr. Bhatia's Mohs surgical team, Kristin has worked as a medical assistant for the Dermatology Institute for 3 ½ years. Kristin will be returning to school this fall in hopes of pursuing her RN degree. We wish her luck in her studies. In her spare time Kristin enjoys sleeping and spending time with friends. She also is her grandmother's grocery shopping companion once a week.